

Year at a Glance

Subject: PE

Grade: High School

First Semester	Second Semester
1st Six Weeks	4th Six Weeks
<u>§116.52. Foundations of Personal Fitness</u> Physical Education/Foundations of Personal Fitness	<u>§116.56. Team Sports</u> Team Sports/Whiffleball
<u>§116.56. Team Sports</u> Team Sports/Volleyball	<u>§116.55. Individual Sports</u> Individual Sports/Weightlifting, Conditioning
<u>§116.57. Aerobics</u> Aerobic Activities	<u>§116.57. Aerobics</u> Aerobic Activities
<u>Fitness Gram</u> Pre-Test	<u>Fitness Gram</u> Test
2nd Six Weeks	5th Six Weeks
<u>§116.56. Team Sports</u> Team Sports/Football	<u>§116.55. Individual Sports</u> Individual Sports/Badminton
<u>§116.53. Adventure/Outdoor Education</u> Physical Education/Adventure /Outdoor Unit Fishing, Tennis, Golf	<u>§116.56. Team Sports</u> Team Sports/Soccer
<u>§116.57. Aerobics</u> Aerobic Activities	<u>§116.57. Aerobics</u> Aerobic Activities
3rd Six Weeks	6th Six Weeks
<u>§116.55. Individual Sports</u> Individual Sports/Weightlifting, Conditioning	<u>§116.56. Team Sports</u> Team Sports/Kickball
<u>§116.56. Team Sports</u> Team Sports/Basketball	<u>§116.53. Adventure/Outdoor Education</u> Physical Education/Adventure /Outdoor Unit

<p><u>§116.57. Aerobics</u> Aerobic Activities</p>	<p>Fishing, Golf, Tennis</p> <p><u>§116.57. Aerobics</u> Aerobic Activities</p> <p><u>Fitness Gram</u> Post-Test</p>
--	--